

Final Lap: Obedience Shows Trust

Read:

“Commit your way to the Lord; trust in Him and He will act.” - Psalm 37

Trust isn't just a feeling—it shows up in obedience. When a crew chief says, “Adjust your line,” a driver either listens—or doesn't.

Following God means doing what He says. That means choosing honesty, showing humility, responding with self-control, and loving others.

Trust becomes real when we act on it.

Think:

Is there something God is asking you to do that you've been ignoring?

How does obedience show trust?

What step can you take today to follow God's guidance?

Pray:

Lord, help me trust You enough to obey You. I want to follow Your direction.

Date Completed _____ Parent Initials _____



Fast Thoughts With Jesus

The Crew Chief Challenge



Lap 1: You Can't See Everything

Read:

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.” - Proverbs 3:5-6

A driver can't see the whole track at once. Blind spots are real. That's why they trust a crew chief—someone who sees the bigger picture. God sees what you can't. You can't see what's ahead, what's around the corner, what's in other people's hearts, or what's best for your future.

Trust means believing that God's view is better than yours—even when you don't understand what's happening.

Think:

When have you been surprised by something you didn't see coming?

Why is it hard to trust when you don't understand?

What does it mean to “lean not on your own understanding”?

Pray:

God, I don't always see the whole picture. Help me trust You even when I don't understand.

Lap 2: **Listening to the Right Voice**

Read:

“My sheep listen to my voice; I know them, and they follow me” - John 10:27

Drivers don't listen to random voices in the stands—they listen to their crew chief. In life, there are lots of voices: Things like fear, pride, friends, social media, and even doubt.

Jesus says His followers learn to recognize His voice. We hear Him through Scripture, prayer, and wise counsel from godly adults. Trust starts with listening.

Think:

What voices compete for your attention?

How do you recognize when something lines up with God's Word?

When is it hardest to hear God's voice?

Pray:

Jesus, help me recognize Your voice. Teach me to follow You instead of fear or pressure

Lap 3: **Trusting God With**

Read:

“Do not fear, for I am with you... I will strengthen you and help you.” - Isaiah 41:10

Sometimes the hardest part of racing—or life—is fear:

- Fear of messing up
- Fear of what others think
- Fear of failure
- Fear of not being good enough

God doesn't promise no challenges. He promises His presence. A crew chief doesn't remove every bump in the track—but they guide you through it. Trust grows strongest where fear tries to take over.

Think:

What is one fear you struggle with right now?

How does knowing God is with you change that fear?

What would it look like to trust God in that area?

Pray:

God, I give You my fear. Help me trust that You are with me and guiding me.