

 **Family Thought:**

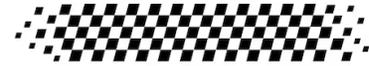
What's one big thing in your life that feels scary right now?

How can you remember that God is bigger than that problem?

 **Prayer:**

God, thank You that nothing is bigger than You. Help me face my fears with confidence, knowing You are for me. Amen.

# Family Time Devo



## God is Bigger Than Our Problems

### 1 *When Life Feels Too Big*

*“There is now no condemnation for those who are in Christ Jesus.” — Romans 8:1*

Have you ever faced a problem that felt way too big? Maybe someone was being mean, or you had a hard test, or you felt scared. Those moments can feel heavy, like carrying a giant backpack full of rocks. Paul reminds us in Romans 8 that because of Jesus, we are never alone. Even when life feels too hard, God has already made a rescue plan through His Son, Jesus.

 **Family Thought:**

What feels heavy in your life right now?

How does knowing Jesus is with you make it less scary?

 **Prayer:**

Jesus, sometimes life feels too big for me. Thank You that You are always with me and already have a plan. Amen.



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## 2 *God's Spirit Helps Us*

*"The Spirit helps us in our weakness."* — Romans 8:26

Have you ever not known what to say when praying? Or felt like you didn't even know how to ask for help? God's Spirit is with us, even in those moments. The Bible says the Holy Spirit "helps us in our weakness." That means we don't have to figure it out alone. God knows what we need—even before we say it!

### **Family Thought:**

What is one thing you want to ask God for help with?

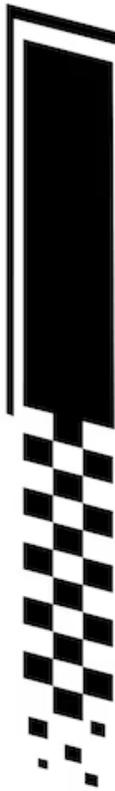
How can you remember that the Holy Spirit is praying for you too?

### **Prayer:**

Holy Spirit, thank You for helping me when I don't know what to pray. Please give me strength today. Amen.

## 3 *God Works for Our Good*

*"We know that in all things God works for the good of those who love Him."* — Romans 8:28



Sometimes bad things happen, and we wonder, *Why would God let this happen?* Paul tells us that God uses *all things*—even the hard stuff—for our good. That doesn't mean the problem is fun or easy, but it does mean God can bring something good out of it. Like a puzzle piece that doesn't make sense until you see the whole picture, God sees the big picture of our lives.

### **Family Thought:**

Can you remember a time something hard turned into something good?

How can you trust God when you don't understand what's happening?

### **Prayer:**

God, help me remember You can use everything in my life for good, even the tough stuff. Amen.

## 4 *Nothing Is Bigger Than God*

*"If God is for us, who can be against us?"* — Romans 8:31

Think of the biggest, scariest thing you can imagine—like a giant storm or a huge wave. Even that is not bigger than God! Paul says if God is for us, nothing can stand against us. He already gave us the greatest gift—Jesus. That means He won't hold anything back that we need. Whatever you face, remember: God is stronger, bigger, and always with you.